



# Adult Program Trip

## Bryson City, NC

Sunday, June 2 thru Tuesday, June 4, 2019

**This trip is filled with adventure, relaxation and scenic views from the Blue Ridge Mountains.** We will be leaving from Anne Gordon Active Adult Center at Millbrook Exchange Park (1901 Spring Forest Road) at 8:00am.

**Day 1:** Sit back and relax as we travel to Bryson City, NC. On the way we will stop to take a short walk. The PRCR Adventure Staff will guide us along a trail with breathtaking views of the mountain range and one of the many beautiful waterfalls in these mountains. After the walk and lunch, we continue our drive to Bryson City where we will check into our home for the next 2 nights, Sleep Inn (828)488-0326. Enjoy the day relaxing by the pool or taking a stroll through historic Bryson City. Before tonight's dinner we will take a short adventure to the Mountain Farm, a place is well known for elk and other wildlife roaming around before dark. Dinner (on-your-own) will be at Granny's Kitchen; a country cooking, buffet style in Cherokee, NC.

**Day 2:** Pack a day bag before we head out for today's adventure. After enjoying breakfast at the hotel, we will begin at the Nantahala Outdoor Center (NOC), where the group will enjoy a guided rafting trip on the crystal-clear Nantahala River. The Nantahala features eight miles of practice on easy Class II rapids with occasional calm water. Next, soak up the sun before splashing through the exciting Class III whitewater of Nantahala Falls. All gear is provided: life jackets, wet suites, paddles. Make sure to bring sunblock. Not interesting in rafting? Not a problem, the NOC offers; shops, changing rooms, restaurants, as well as a beach area with seating along the river, and an amazing view to enjoy. The adventure is not over. Next we will take The Road to Nowhere. Travel up this scenic mountain highway, through the Great Smokey National Park, where the road ends at the mouth of a tunnel. Discover the history behind The Road to Nowhere—A Broken Promise. Take a short walk along the flat walkways that overlook Fontana Lake. Tonight is a night of leisure and dinner on-your-own.

**Day 3:** Have your bags packed, as we head home today. Breakfast will be at the hotel. This morning enjoy an easy walk along the Deep Creek Trail, where we will enjoy two beautiful waterfalls. The group will then head back to Raleigh with an on-your-own lunch break. The group will arrive back in Raleigh at approximately 6:30pm.

### Price:

City of Raleigh Resident  
Double rate per person: \$375.00  
Single rate per person: \$477.00

Non-City of Raleigh Resident  
Double rate per person: \$390.00  
Single rate per person: \$492.00

Without whitewater rafting: -\$45.57

### Price Includes:

Transportation via department vehicles, PRCR Adventure Staff guide walks, guided whitewater rafting, The Road to Nowhere, Mountain Farm, 2 nights hotel stay, 2 breakfast and 1 boxed lunch.

### Patron Expectations:

This trip has a **moderate to high** volume of walking expected. There are some steps, uneven paths with loose bricks and gravel on the trails, which are not suitable for wheelchairs. Patron must be able to keep to the scheduled timeline of the trip. Please remember there is no one-on-one assistance provided by the escorts.

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**Price Includes:** Transportation via department vehicles, PRCR Adventure Staff guide walks, guided whitewater rafting, The Road to Nowhere, Mountain Farm, 2 nights hotel stay and breakfast.

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**Cancellation Policy:** Cancellations must be made in writing at least 14 days prior to trip departure date to receive a refund. Full or partial refunds are subject to non-refundable expenses incurred by the Department. If the Department cancels a trip, a full refund will be given. Please send all withdraw requests to Carmen Rayfield at carmen.rayfield@raleighnc.gov or in person to any Active Adult Centers.

**Make checks payable to:** City of Raleigh

**To Register: Complete the form below and return with full payment to:**

Walnut Terrace Center

Adult Program

1256 McCauley Street, Suite 126 Raleigh, NC 27608

Walk-in registrations are taken at any of our Active Adult Centers.

Credit Card payments can be made by phone or by RecLink: #243182

**For Additional Information Contact :** Adult Program Staff at 919-996-6160, 919-996-4720 or 919-996-4730

**Keep top portion for your records**

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All participants must have a current Yearly Trip Registration Form filled out and returned to the Adult Program to be registered for any Adult Program trip. The Yearly Trip Registration Form covers all trip waivers and registration January thru December. Forms can be obtained from any the Adult Trip Brochure, an Active Adult Center or on line at [www.parks.raleighnc.gov](http://www.parks.raleighnc.gov) (keyword search Adult Yearly Trip).

Individuals without a current Yearly Trip Registration Form: A spot on the trip will be held while being placed on the trip waitlist until a current Yearly Trip Registration Form is received. Once the form is received participants on the waitlist will be moved over to the active trip list.

By submitting a registration form and payment it is understood that it is the responsibility of the patron to update any personal information prior to participating in any and all Adult Program trips.

Account Information    ☐ Account is Up To Date    ☐ Update Account Information    ☐ Create a New Account

Name of Participant \_\_\_\_\_ Name of Participant/Roommate \_\_\_\_\_

Telephone \_\_\_\_\_

Only fill out the following information if an account needs to be updated or a new account needs to be created

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Primary Phone \_\_\_\_\_ Secondary Phone \_\_\_\_\_

I want Parks, Recreation and Cultural Resources to know about these medical conditions for this participant: \_\_\_\_\_

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